

Body Rock Classes

Make your small business into a spa business with these unique and efficient stones. They heat evenly and quickly rotated, only two stones and a small crock pot are required for a full body massage.

Classes available minimum two students up to 8 students per class 16 CEU's, Contact Nancy Rodgers, LMP at 360-589-4782 or go to oceanshorestherapeuticmassage.com to dates of classes.



Body rocks, are great for small or large spas or mobile spas, requires only two stones in a small crock pot, does not have to be submerged to heat evenly, so no other tools are required to handle the stones. Completely eliminates the cumbersome setup and application of La Stone, they can fit into any time frame, (30 to 60 minutes). Carved from serpentine stones to fit the form of the body, they can be used hot or cold. They are great for chair massage as well, no pulling of clients clothing. Great for Fibromyalgia as a pain free treatment since they do not pull the skin or facial tissue. Clients have stated they prefer the body rock system over hot stone therapy because you massage with the stones. They follow the muscle system so they sink into the muscle system instead of the scrubbing action of La Stone. Call to find out more about this incredible system. The classes are held the third weekend of the month, go to website for exact dates.